

# MENTAL HEALTH & WELLBEING LEADER

Dear Greythorn families,

My name is Max Mays and I am taking on the role of our *Mental Health & Wellbeing Leader* in 2026. This is my tenth year at Greythorn so I have taught many students over my time here and know many of the wonderful families who form part of this community. Over the past three years, I have been our Wellbeing Curriculum Leader. In 2026 this role is expanding and I am now out of the classroom three days a week (Tuesday- Thursday) to allow me more time to focus on this incredibly important area.



## Some of my responsibilities this year will include:

- Oversee, evaluate and refine our existing wellbeing curriculum including Respectful Relationships, The Resilience Project and Life Skills GO.
- Coordinate whole school activities such as Run Club, Colour Run, School Values day etc.
- Work with small groups of students to develop positive coping strategies and personal and interpersonal skills
- Work with various student leadership groups (Junior School Council, Peer Mediators and Year 5/6 leaders) to further embed student voice and agency
- Collaborate closely with the principal, assistant principal and counsellor to ensure students who may require additional mental health support get the help they need
- Support our teachers through regular professional development on student wellbeing initiatives
- Participate in Mental Health in Primary Schools training facilitated by the University of Melbourne
- Promote student wellbeing programs with the parent and wider school community



Feel free to contact me anytime via email at [max.mays@education.vic.gov.au](mailto:max.mays@education.vic.gov.au), the school office or at the school gates on a Tuesday and Wednesday afternoon.

**Please note** if you have any specific wellbeing concerns regarding your child, your first point of contact should be the classroom teacher as they are the ones at school who know your child best!

Kind regards,

Max Mays